# Organisation of primary care in Slovakia

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## The Slovak Society of General Practice

SSGP was established in 1979

1400 GPs are the members of SSGP (2300 GP's in Slovakia)

Full member of WONCA



#### The Structure of SSGP

- President SSGP Peter Makara MD
- •15 members of the Committee, Supervisory Board
- Young Practitioners (President L'udmila Resutikova MD), part of VdGM
- Election -every 4 years
- •Education- Conference, regional training, abroad EFPC, WONCA, EQUIP

#### **Annual Conference SSGP**

- •XXXVIII. Annual Conference SSGP... October, in High Tatras (every year)
- Number of GP's participants .....almost 1100
- Cooperation with specialists (cardiologist, angiologist, diabetologist...)
- Special guests from abroad....every year
- WHO director of Slovakia, MoH



#### Activities of SSGP and interest in CVD

Clinical guidelines (recommendations) specifically for Slovak GP's

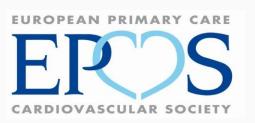
2014- Prevention of the stroke by patients with AF and screening of AF

2014- Diagnostical procedure and managment of patients with CHF in primary care

Pre and postgraduate training on the Medical Faculties (as external teachers)

4 Medical Faculties in Slovakia

Cooperation with The Slovak Organisation of patients



# Primary care in Slovakia

General medicine for adults (General Practitioner)

General care of children and adolescents (Pediatrician)

90% selfemployees-private practice (GP), 10 % (as employees in private centres)

GP'a - mandatory provide 24-hours/ 7 days ....



# How many patients are in the registry of GP

1 GP cares about 2000 patients!!!! In the rural region ....3000-4000ptts

Average number of patients per day ....50-60!!!!

WHY? Lack of GPs , especially in the rural region



### Average annual number of visits to GP

Is almost twice as many as the OECD average

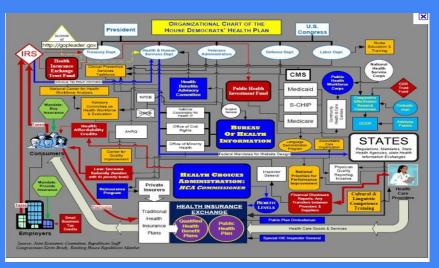
WHY? Due to legislative ban for GPs in Slovakia

- Many drugs to treat common conditions can be prescribed by specialists
- Many tests (CT, MR, glycated haemoglobin, PSA...) only by specialists

Patients need to visit **first** GP who refer them to a specialist and then return back to GP.....1 day patient visits 2 doctors! **Because of legislative ban** 

#### THE HEALTH CARE LABYRINTH

#### For the doctor



#### For the patient



# Payment system for GPs

3- Health insurance companies (1 public, 2 private)

GP has contract with every HIC (mandatory for HIC)

Capitation fee.....80% per capita, 20% fee for service.....fundamental problem

The fundamental problem is underfinancing (average capitation fee 2,8 Euro/ptt/month) fee for service (preventive examination every 2 years, ECG - acute ptt, arterial hypertension which was found by GP...)

CARDIOVASCULAR SOCIETY

# Data from the register of Slovak Medical Chamber

Years/ Age	<30	31-40	41-50	51-59	60-64	> 65	Total number
2005	10	299	788	847	251	229	2424
2016	2	160	477	557	550	564	2310
difference	-8	-139	-311	-290	+299	+335	-114

The rising age profile of GPs is alarming....

#### Human resources for PHC

Residential program for graduated GPs

Now there are 100 residents doctors in Slovakia....new GPs in the coming 5 years



#### Interest in CVD

Key role of GP in screening of AF, anticoagulation therapy and well controlled

Focuse on patient with CHF

Well controlled AH, reduce overweight/ obesity, prevention of atherosclerosis

ABI- in the patients with risk factors

Good compliance to treatment (patient is a partner)

