



European Primary Care
Cardiovascular Society

6th-7th Decembre 2017
Jonathan dos Santos
PORTUGAL





Last year resident – Family Medicine



PhD Student – Project “Early detection of Cardiovascular disease in primary health care”



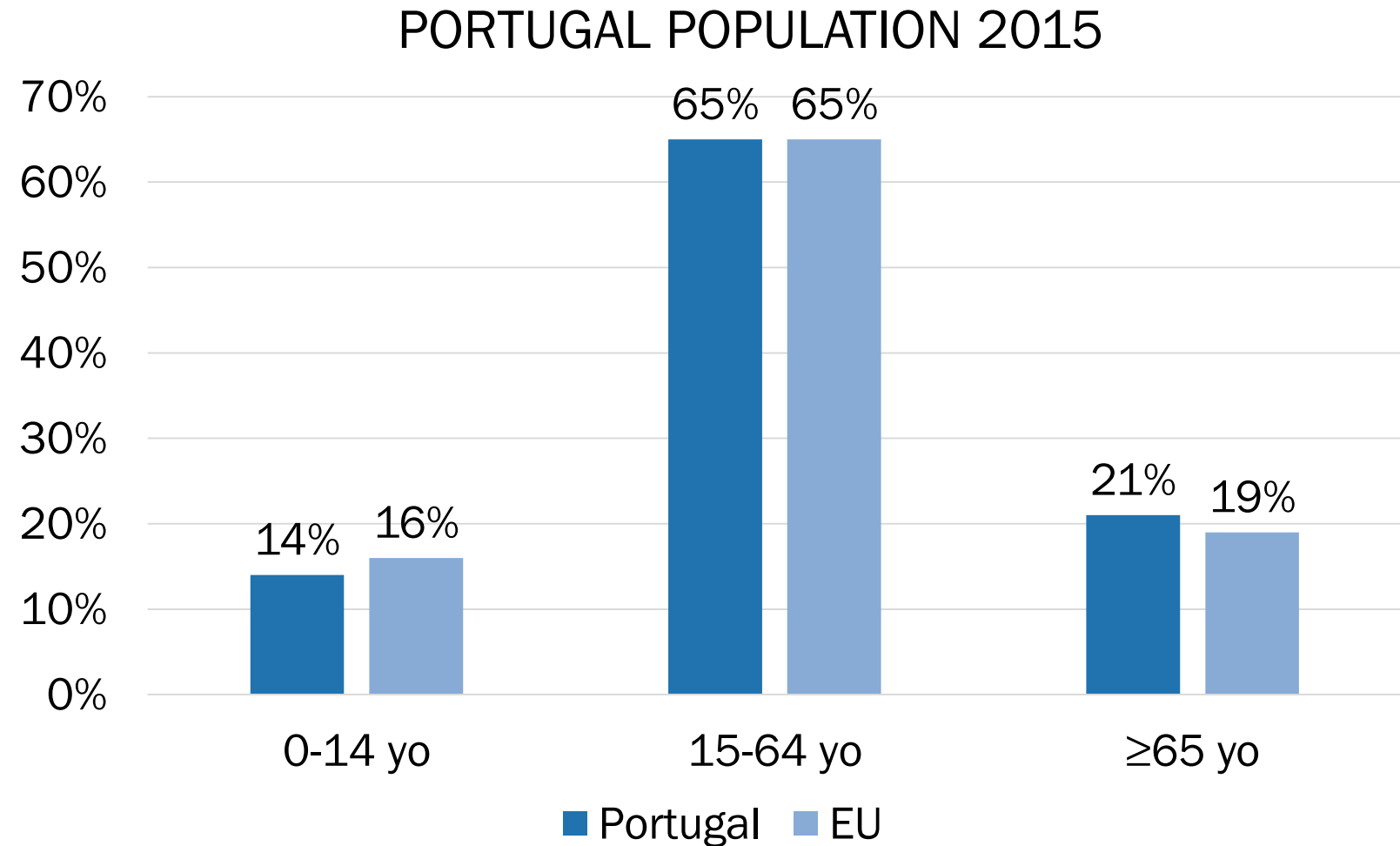
President – Residents GP Association



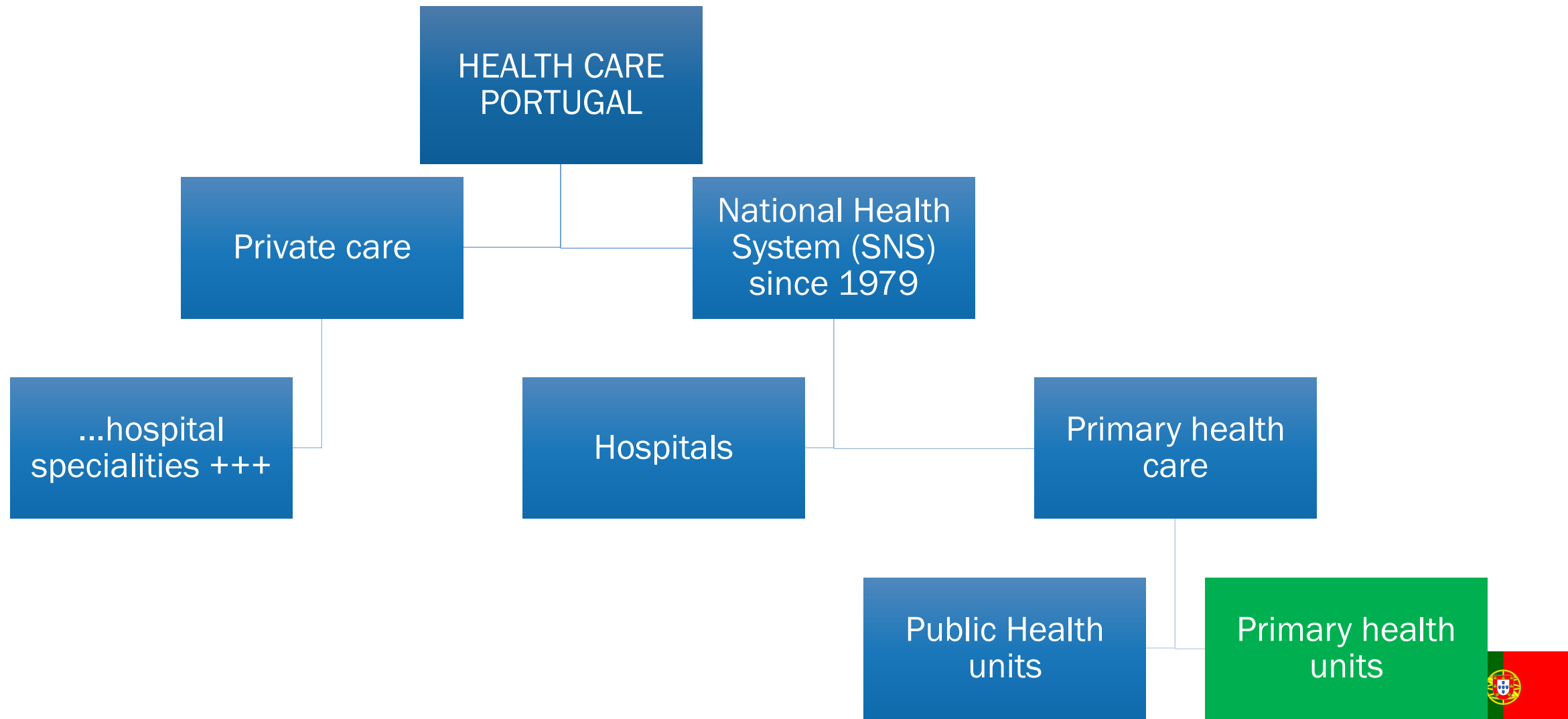


DEMOGRAPHIC DATA

10.325.500



HEALTH STRUCTURE



Primary health units (including
family care units – USF)
~900

Doctors
Nurses
Secretaries

- 3200* Family doctor (each one with a patient list ~1900)
- 2000 Residents (4 y)

- Consultations type (maximum 20 min each one)
- Adults (screening)
 - Diabetes
 - Hypertension
 - Hypocoagulation
 - Fertility/Pregnancy
 - Pediatric population
 - Home visits...



CARDIOVASCULAR ORGANIZATIONS



ASSOCIAÇÃO PORTUGUESA
DE MEDICINA GERAL
E FAMILIAR

- Cardiovascular study group
 - 7 members
 - Organize workshops/clinical sessions
 - Participation in “Vasco da Gama Movement Forum”



Sociedade Portuguesa de
CARDIOLOGIA

- SPC – Portuguese society of Cardiology
 - Exclusive for Cardiology



IDEAS FOR EPCCS

- Promote a SCIENTIFIC JOURNAL
- Participation in NATIONAL MEETINGS
- Make a “bridge” to NATIONAL CARDIOVASCULAR GROUPS
- GUIDELINES in different languages
- Different DEPARTMENTS/nucleus (e.g. training)
- RESEARCH support (grants, rewards...) in cardiovascular primary care
- Facebook page
- ...

